



Breathe Move Be Well

LIVING HEALTH & HARMONY FROM WITHIN

Retreat Booking Terms and Conditions

- 1) In making a booking with us, you agree to the following terms and conditions under agreement with Breathe Move Be Well (BMBW). The contract will commence only once a booking confirmation email has been sent to you.
- 2) A conditional refundable \$1000 USD deposit is required to hold your space.
- 3) Full payment is due no later than May 1, 2017. After May 1, 2017 and until August 1, 2017, refunds on deposits and/or full payments will only be refunded if your space can be filled. No refunds will be given after August 1, 2017. Please look into travel insurance.
- 4) We reserve the right to increase published retreat prices prior to you booking your space. We agree to notify you, via our published articles, of all price adjustments.
- 5) Our retreat pricing excludes flights, personal travel/transfer costs except to/from retreat site, alcoholic beverages, travel insurance, items of a personal nature, tips and individual excursions.
- 6) To cancel your booking, submit your request by writing to us. Your booking will be cancelled effective the day we receive your cancellation request.
- 7) You are solely responsible for ensuring you have all the required passports, visas, etc required for travel. You are also solely responsible for all travel arrangements.
- 8) You agree that BMBW is released of all liability should the retreat be cancelled due to any war/the threat of war, terrorist activity or threat, natural or nuclear disaster, extreme and adverse weather, or other such unavoidable accident or incident.
- 9) You are solely responsible for acting responsibly, with common courtesy and in respect of local customs to the place(s) we visit during our retreat. No refund will be given to a retreat attendee who has been asked to leave as a result of inappropriate behavior.



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Retreat Waiver Form

In consideration of being allowed to participate in the retreat, fitness, massage and/or physical activities and programs of Breathe Move Be Well (BMBW) in addition to the payment of any fee or charge, I do hereby waive, release, and forever discharge BMBW from any and all responsibilities or liability from injuries or damages resulting from my participation in any activities in the above mentioned activities, including those caused by any negligent act or omission in any way arising out of or connected with my participation in any activities of/with BMBW.

I understand and am aware that strength, flexibility, and aerobic exercise are potentially hazardous activities. I also understand that fitness activities involve risk or injury and even death, and that I am voluntarily participating in these activities with knowledge of the dangers involved. I hereby agree to expressly assume and accept any and all risks of injury or death.

I do hereby further declare myself to be physically sound and suffering from no condition, impairment, disease, infirmity, or other illness that would prevent my participation except as hereinafter stated. I do hereby acknowledge that I have been informed of the need, if applicable, for a physician's approval for my participation in an exercise/fitness/retreat activity. I also acknowledge that it has been recommended that I have a yearly or more frequent physical examination and consultation with my physician as to physical activity, exercise, and use of exercise and training equipment so that I might have his/her recommendations concerning these fitness activities and equipment use. I acknowledge that I have either had a physical examination and have been given my physician's permission to participate, or that I have decided to participate in activity without the approval of my physician and do hereby assume all responsibility for my participation and activities, and utilization of equipment and machinery in my activities.